



International Light Association

Video Lectures on Light

All video-lectures are available in NTSC, PAL and MP4/Quicktime-Mediafile

Jacob Liberman

Light, Vision, and Consciousness - Unraveling the Mystery

We often speak of seeing the light. Yet light, cannot be seen. We use light for healing. But, what is light, why does light have the power to heal and what is the primal role of light in our lives? We say the eyes are the windows of the soul, but what does that mean? What is the purpose of the eye? We speak of becoming more conscious and aware, but what is consciousness and who or what is aware? Are we looking for life, or is life looking for us? Let us begin unraveling the mystery of light, vision & consciousness.

DVD - 71 min.

Alexander Wunsch

Heliotherapy in Ancient Greece and Today

Recent findings in the field of human photobiology reinforce the knowledge of ancient cultures: the SUN is the greatest healer. This lecture takes you on a journey through the ages, always with a close look upon the relationship between man and sunlight, closing with the up-to-date recommendations how to meet the healing light for cure and prevention.

DVD – 81 min.

Brian Breiling
History of Light and Color Therapy

Since the dawn of human history, civilizations from around the planet have had a deep fascination with the healing powers of Sunlight. From ancient sun temples and solar observatories to the earliest traditional medical practices in both the East and West, light played a central role in religion and the healing arts. Likewise, thousands of years later, at the inception of Modern Medicine, Sunlight and artificial light therapies were routinely used in nearly every specialty of practice.

DVD – 66 min.

Alexander Wunsch
Spectro Chrome

Spectro-Chrome is a systemic color therapy which has been developed 112 years ago by the Indian physician and researcher, Dinshah P. Ghadiali (1873-1966). It is based on the mostly extensive direct irradiation of the skin with colored light. As the color information is distributed via the blood and the lymphatic circulation systems in the whole organism, it does not act only through eyes and brain, but rather directly on all cells of the body.

DVD – 59 min.

Larry Wallace
Color Treatment of Learning Problems

This presentation will examine the various forms of color therapy used today to treat learning and reading problems. An overview of diagnostic approaches will be covered as well as treatment modalities employed to remediate these conditions.

This will include colored overlays, Irlen Lenses, Colorimetry and the prescribing of tinted lenses, Syntonic phototherapy, the use of blue light to effect the magno-parvo processing systems, color puncture, neuro-entrainment, and environmental designs of color and lighting from the works of Steiner and Birren.

DVD – 64 min.

Donald Barniske

Dyslexia

Introduction: Non specific reading dysfunction, General comments about Dyslexia

Definition: History and definition of Dyslexia

Types of Dyslexia: Motor, Auditory, Visual, Combinations

Prevalence of Dyslexia: Classroom, Special classes, Adult

Dyslexia Determination Testing: How dyslexia is classified

Examples of Responses of Testing: Presentation of Responses of different types of dyslexia

Types of Therapy: Approach to helping dyslexics

Prevention: Early identification and recommendations

DVD – 60 min.

Lyn Doole

Colourful Language

Do all languages have equivalent colour terms and is colour symbolism shared across cultures? Would you wear green to get married, or go to your grave in grey? Is there a biological basis for cross-cultural metaphor? Does colour converse with DNA, or DNA talk in tones, and if so, what is the dialect? Can a colour be copyrighted? Who owns orange? These are some of the questions to be addressed in this presentation.

DVD – 47 min.

Karl Ryberg

Monochromatic Light Therapy - Super Colours of the Future

These colours are sparkling in strength like butterflies or scarabs due to the fact that they are absolutely pure without any secondary additions. They are technically speaking monochromatic or one-coloured – a key property they have in common with laser light. Being exact carriers of information they have very pronounced therapeutic qualities and herein lie the main advantages of modern colour treatments.

DVD – 86 min.

Jan van der Est
Tissue Regeneration with Colored Light

I am in the middle of a promising trial in which I am applying grey and green to treat skin cancer. I have completed 3 successful treatments and will start treating a 4th client tomorrow. This time I will make pictures to illustrate what happens. In Australia we (a local Samassati Color light Therapist supported by us) treated a little baby with necrotic fingertips and managed to regenerate them.

DVD – 54 min.

Grete Rynning, Kjellfrid Engen
Controlled Study in Norway for Dyslexia

The project: "Joy in Reading and Writing", in the Fall 2007, involved 10 children ages 9 to 11, and their parents. We wanted to obtain a measurable reading and writing improvement based on accepted school tests. From experience we knew that each one of the three main elements in the project could improve a child's skills in reading and writing. Our hypothesis was that in combination, they would give a synergetic effect.

DVD – 40 min.

Jacob Liberman
The EYEPART Vision Training System, as a technology

In 2001 Dr. Liberman invented the EYEPART Vision Training System. The EYEPART Integrates light, vision and consciousness into the only patented, clinically proven and FDA cleared vision-training device available to the public.

DVD - 66 min.

Denise Hadden
New Light on Fields

Colour visual fields have been researched for almost a century, yet we are only now discovering the information that is hidden within them. Exploring the patterns revealed during clinical research has revealed a variety of methods that can be used to analyze their meaning. Using iridology, perceptual analysis and theories of the unconscious mind, Denise has developed a method of analyzing our fields of awareness that adds meaning to our lives.

DVD – 68 min.

Theresa Sundt
Living with the rainbow

Theresa, born in Greece, lives in London, is a teacher, an artist, color therapist (has studied and worked with Theo Gimble), and is a colored-light therapist. She is professionally involved with lecturing internationally (Europe, Russia, and USA) on "Color Awareness", for the corporate world, schools and holistic practices. Colour Discovery explores the nature of colour through science, art and research, focusing deeply on ways in which colour can heal us and improve our lives.

DVD – 62 min.

Prices for ILA-Members:

20.00 EUR for one DVD

240.00 EUR for all DVDs

(14 Videos incl. Bonus-Video: Soozie Holbeche -
Working with Crystals, the devine Light of our nature)

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25.00 EUR for one DVD

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(14 Videos incl. Bonus-Video: Soozie Holbeche -
Working with Crystals, the devine Light of our nature)

For purchase order please contact us with one of the following contacts:

Web: <http://video.international-light-association.org/>

Mail: ilacolor@googlemail.com

Video-Editor and Distributor: Mr. Selim Özkan, info@selimoezkan.com
Phone: +49 (0)30 / 33987972 (Germany)